

Monica's Waterfront Bakery & Café
Silverdale, WA 98383
Monica Downen, Owner/Operator

Founded 2006

10 employees

www.MonicasCafe.com

www.facebook.com/monicaswaterfrontbakerycafe

www.twitter.com/monicascafe

www.pinterest.com/monicascafe

www.instagram.com/monicascafe

<http://vimeo.com/68880442>

Narrative provided by contestant:

Welcome to Monica's Waterfront Bakery & Café. You may know us as a congenial community restaurant in Old Town Silverdale that partners with local farms and businesses to offer homemade, seasonal, and delicious menus. We are that, and so much more.

Monica's is a purpose-driven business. Our overarching aim is to inspire each other and our community to make our world a better place. We nourish our community through engaged relationships, one customer at a time. We are teachers, social and environmental stewards, and job enablers.

Through Kitsap Bank's edg3 FUND, Monica's will lead a community class series and outreach effort that makes cooking approachable, fun, healthy, and available to everyone. Classes are instructional and empowering, which allow people to:

- Get the most from their food and budget
- Enjoy delicious, healthy eating
- Gain independence from processed and fast foods
- Appreciate and participate in our local food cycle

We'll include menu planning, shopping, prepping, cooking skills and techniques. To augment classes, we'll champion a community resource in booklet and/or electronic form(s) that promotes local, sustainable food sources and healthy living.

We'll reach out to our entire community, including offering low-cost or free classes at schools, food banks, Salvation Army, shelters, YMCA, farmers' markets, WIC and SNAP programs, and Kitsap Regional Library.

Success requires equipment, groceries, field trips resources, stipends for staff and guest instructors, student information packets and marketing outreach.

Give the community an economic, environmental, and social edge. Vote for community health and prosperity; vote Monica's!